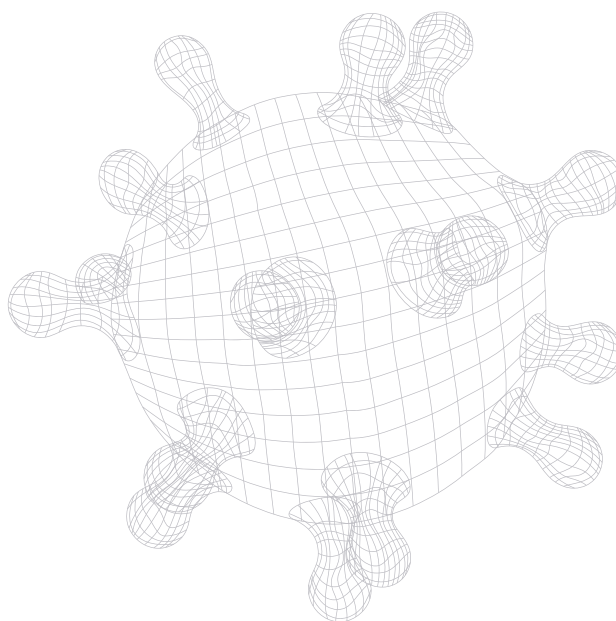
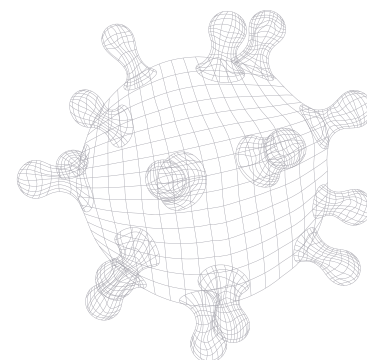
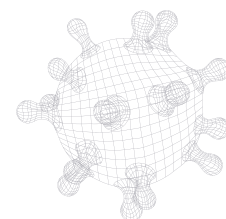




COVID-19 Overview

For Eeyou Istchee

May 27, 2020



Close contact with an infected person when the person coughs or sneezes
Touching infected surfaces with your hands and then touching your mouth, nose or eyes.
COVID-19 is not spread through the air. Being in the same room with someone is not risky. It is less contagious than the flu.



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[Hand Washing Guide \(PDF\)](#)



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[VULNERABLE GROUPS \(PDF\)](#)



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Cree Nation Government
Gouvernement de la Nation Crie

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Eastmain
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Nemaska
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Waswanipi
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Ouje-Bougoumou
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Mistissini
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If you are a healthcare worker, consult with your employer for guidance on travel. The information below applies to members of the public of Eeyou Istchee.

The Government of Canada asks Canadians to avoid non-essential travel outside of Canada until further notice. If you decide to travel anyway, you are advised to consult the Government of Canada Travel Advice and Advisories. You must also self-isolate for 14 days when you return.

If you are a healthcare worker, consult with your employer for guidance on travel. The information below applies to members of the public of Eeyou Istchee.

Voluntary self-isolation is recommended for anyone returning from outside Canada on or after March 12, 2020. Returning travelers must monitor themselves for symptoms such as fever, cough, difficulty breathing.

GLOBAL TRAVEL ADVISORY

COVID-19 ፋላጊውልስ ልብናገጥፊ

