



Whapmagoostui
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Chisasibi
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Wemindji
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Eastmain
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Waskaganish
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Nemaska
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Waswanipi
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Ouje-Bougoumou
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Mistissini
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Washaw Sibi
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MoCreebec
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PUBLIC UPDATE ON COVID-19

Confirmed COVID-19 case in Chisasibi

March 31, 2020 - Three (3) cases are now reported for Eeyou Istchee after an individual has recently tested positive in Chisasibi. As with the other positive cases, this individual has also tested positive while in self-isolation.

The Cree Health Board continues to be very proactive, with 74 tests having been administered this far. Of these, 36 people have tested negative so far.

The individual that recently tested positive in Chisasibi isolated themselves as soon as they arrived in the community, therefore there is reason to be confident on the containment of this case. Further, the person in question remains in quarantine and contact-tracing was immediately done. All concerned individuals have either been contacted, placed in isolation and/or tested and awaiting test results.

All frontline workers/essential services personnel such as; all medical staff, first responders, police, emergency response teams, day care workers, cleaners/janitors, store clerks/personnel, gas attendants, food providers, security personnel, etc. are all working hard for the safety and well-being of our people. We must do our part as individuals to reduce and to stop the spread of the virus such as, but not limited to, these precautionary measures.

We must act like everyone has the virus so that we continue to protect those we love, those in our community, and elsewhere;

- Please stay home
- Wash your hands frequently for at least 20 seconds
- Maintain a distance of 2 meters with others – approx. 6 feet
- Avoid contact with others
- Avoid touching your face
- Avoid unnecessary travel
- No greetings that involve touching
- No gatherings and no visiting whatsoever, no house parties etc.
- Sneeze and cough into a tissue or arm, discard the tissue and wash your hands immediately

For more information, please visit the <http://www.eeyoucovid19.org> for the latest updates, such as FAQ page – Frequently asked questions and other information from the Cree Health Board.

In a recent meeting, the Grand Chief stated that he was proud of the leadership for all working hard to be ready and comfort our people during these uncertain times.