

April 15, 2020 **Public Update on COVID-19**

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Cree Board of Health and Social Services of James Bay

Eeyou Istchee continues to have only have 5 confirmed cases with 1 of them being declared recovered (first case from Nemaska), and 1 in Montreal whom has also been declared recovered. Eeyou Istchee has the least cases in all of Quebec which is a testament to the good contact tracing teams, cooperation of community members and health care system. The assistance of leadership in promoting social distancing and self-isolation has been key to keeping the numbers in Eeyou Istchee low.

- 178 tests have been administered.
- 160 tests returned negative.
- 13 awaiting results.

The waiting period for tests remains between 48-36 hours which is very good.

The Cree Health Board wanted to congratulate and more importantly thank those that have recently been declared COVID-19 free, their respect of the self-isolation measures helped to save lives. It is important to note that people declared COVID-19 free pose no risk when they return to their communities.

The Health Board stated that it will be in the authority of the Health Director of each region to determine how and when industries and activities resume. It was worth noting that there is a strict screening process for workers of the Cree Board of Health and Social Services of James Bay returning to the communities.

Cree School Board

The Cree School Board is coordinating the return of Post-Secondary students to their communities. The Board is also examining the impact of travel restrictions for employees who may travel south during Goose Break, and what the implications would be if they were to return. Above all, the focus will be on ensuring that there are no risks to community members. All decisions will be made in collaboration with the directors of the Cree Health Board.

Eeyou Eenou Police Force

The EEPF continues to assist in the enforcement of local by-laws and provide assistance at local check points where they can.

Cree Nation Youth Council

The Youth Council is looking at developing online tools and workshops to assist Youth deal with the anxiety in these uncertain times. She explained the challenges with previous goose break programs such as the "Adopt a Youth Program" which are discouraged during this time. The Youth Council is examining other measure to intervene to help overcome these challenges and other challenges related to getting to traditional camps.

Reliable Sources

People are advised to continue exercising caution on where they get their information in relation to COVID-19 and to keep in mind that the reliable sources of information remain: https://eeyouistcheecovid19.org/

www.cngov.ca/covid-19/ www.creehealth.org https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/ https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.htm