

The background features abstract, overlapping green geometric shapes in various shades, including light lime green, medium green, and dark forest green, creating a modern and dynamic visual effect.

# LAW RESPECTING MEASURES TO CONTAIN THE SPREAD OF COVID-19 through mandatory self-isolation

May 25<sup>th</sup>, 2020

# Current Situation

- ▶ The Population of Eeyou Istchee is particularly vulnerable to COVID-19 for the following reasons:
  - ▶ High prevalence of underlying health issues: diabetes, cardiovascular disease, asthma and other pulmonary issues;
  - ▶ The Cree Health Board has a mandate covering a large geographic area with limited resources during a time when it is especially difficult to recruit new or additional human resources;
- ▶ Eeyou Istchee remains COVID-19 free with sporadic cases being identified while southern Quebec represents the epicentre for the COVID-19 pandemic in Canada.
  - ▶ All Cree cases of COVID-19 have been traced to Montreal or international travel.
- ▶ Despite the maintenance of consistently high numbers of COVID-19 cases in Southern Quebec the Government is moving forward with the deconfinement of regions and the re-starting of industries.

# COVID-19 Threat to Eeyou Istchee

- ▶ Quebec had imposed regional travel restrictions that have assisted greatly in reducing the risk of COVID-19 entering Eeyou Istchee, the regional travel restrictions will be lifted in the coming weeks, despite any differences that may exist in infection rates within the different regions;
- ▶ The two single largest threats to the capacity of healthcare in communities in regard to COVID-19 remain:
  - ▶ Community members traveling south and then returning to a Cree community;
  - ▶ Guests from outside the region coming into a Cree community;
- ▶ Beyond the physical distancing and other preventative measures, the Cree Nation must maintain control and monitor closely those that come into Eeyou Istchee from Southern regions.

## LAW RESPECTING MEASURES TO CONTAIN THE SPREAD OF COVID-19 through mandatory self-isolation

- ▶ Any person entering the Category IA lands of **Mistissini** from areas designated as areas of potential risk for COVID-19 by the Cree Leadership of Eeyou Istchee or by the Council of the Cree Nation of Mistissini through Public Notice shall undertake and complete a mandatory self-isolation of fourteen (14) days from the date of entry ("**Mandatory Self-Isolation**"), as provided for herein.

# COVID-19 Areas of Risk

Mines, Forestry and Hydro Camps in Eeyou Istchee are Areas of Risk



Areas of Risk:  
Example as of  
May 19<sup>th</sup>, 2020

# Mandatory Self-Isolation - Definition

## ▶ Self-Isolate

- ▶ Remain 2 meters from others at all times
- ▶ Do not go to schools, stores, or other public places
- ▶ Do not invite guests into the home

## ▶ Caring for Others

- ▶ When outside or when in a room with another person wear a mask, non-surgical mask or scarf

## ▶ Wash Hands Often

## ▶ Cough and Sneeze Into Your Sleeve or Into a Paper Tissue

## ▶ Do Not Share Personal Items, Disinfect Surfaces and Items Frequently

## ▶ Check your temperature daily and watch for symptoms, immediately call the local hospital or clinic if you show any symptoms.

# Exemptions?

1. Release by a physician of the Cree Board of Health;
2. You have a letter authorizing you to be exempt from the 14-day isolation under specific conditions which is granted by:
  - ▶ Local Government
  - ▶ Cree Nation Government
  - ▶ Cree Board of Health

# Public Registry

- ▶ The community will have the ability to publish the list with the name of the people who are subject to the Mandatory Self-Isolation and the date on which their self-isolation expires.



This law has no effect on:

- ▶ The continued need to respect physical distancing and other pre-cautionary measures.
- ▶ The ability of a community to set its own “stricter” standards.

This law supersedes laws of the provincial or federal government

# Communities that have adopted the law

Community	Date Adopted	Expiration Date	Comments
Eastmain	2020-05-18	2020-07-02 Thursday	Restricting non-community members from entering, exception for essential services. This restriction will expire on May 29 <sup>th</sup> , 2020.
Oujé-Bougoumou	2020-05-19	2020-07-03 Friday	Restricting non-community members from entering, exception for essential services. No date has been set for lifting this restriction.
Chisasibi	2020-05-19	2020-07-03 Friday	Restricting non-community members from entering, exception for essential services. No date has been set for lifting this restriction.
Nemaska	2020-05-20	2020-07-04 Saturday	Restricting non-community members from accessing the community, except with escort to gas station and for essential services. No date has been set for lifting this restriction.
Mistissini	2020-05-20	2020-07-04 Saturday	Restricting non-community members from entering, exception for essential services. No date has been set for lifting this restriction.
Waskaganish	2020-05-20	2020-07-04 Saturday	Restricting non-community members from entering, exception for essential services. No date has been set for lifting this restriction.
Wemindji	2020-05-25	2020-07-09 Thursday	Restricting non-community members from entering, exception for essential services. No date has been set for lifting this restriction.

## Note:

- Waswanipi has scheduled a meeting on May 28<sup>th</sup>, 2020 to review the proposed law
- Coordination is required for Whapmagoostui considering the proximity of Kuujjuarapik

# Questions