

Model Construction COVID-19 Management Plan

All Quebec employers must take all necessary measures to protect the health and ensure the safety and physical integrity of the worker. On construction sites, the Owner, General Contractor, and employers have the same responsibilities to ensure the health and safety of workers.

As for workers, it is their responsibility to take the necessary measures to protect their health, safety and physical well-being, and to take care not to endanger the health, safety or physical well-being of other persons found at or near workplaces. In the present case, the term worker implies any person wishing to have access to construction sites, therefore all workers, all employees of subcontractors, all professionals, and all suppliers' representatives.

The purpose of this guide is to present the measures implemented by Vieux Poste Construction in order to control the conditions of workers' return to work and limit the spread of COVID-19 in the workplace.

1. Verification of the workers' health condition before mobilization to the work site

Right now, the way to assess a person's risk of infection is to ask the following questions:

1. Has he or she traveled to a risk zone (see the updated list of risk zones)?
2. Does he or she believe he or she was in contact with an infected person?
3. Does he or she have any symptoms of COVID-19 (runny nose, cough, fever, sore throat or headache, difficulty breathing)

Anyone who answers "yes" to one or more of these questions will be required to stay at home and will not be able to return to work. Vieux Poste Construction inc will require from all employees with symptoms a medical certificate attesting the ability to return to work without risk to colleagues when the symptoms are alleviated.

A form provided for this purpose must be completed by each worker BEFORE mobilization to the site. For local workers, they must complete the form every morning upon arrival at the site. The form must be signed by the worker, who certifies that his state of health is stable and without risk of being a carrier of COVID-19.

Taking a temperature is not recommended because the result is not reliable, especially for workers who perform their tasks outdoors.

Questionnaire de vérification COVID-19 Verification Survey

Travailleur _____ # Téléphone _____
Worker's name _____ Phone # _____
Nom d'une personne en cas d'urgence _____
Emergency contact _____
Téléphone / Phone # _____
Compagnie / Company : _____

**SVP REMPLIR CE QUESTIONNAIRE AFIN D'ÉVALUER QUE VOTRE PRÉSENCE AU CHANTIER EST SÉCURITAIRE
PLEASE FILL THAT SURVEY TO ENSURE THAT YOUR MOBILIZATION TO THE WORKSITE IS SAFE**

1. Avez-vous les symptômes suivants? Do you have any of the following symptoms?

	Yes	No
Fièvre / fever (+38°)	<input type="checkbox"/>	<input type="checkbox"/>
Toux / Cough	<input type="checkbox"/>	<input type="checkbox"/>
Difficultés respiratoires / breathing difficulties	<input type="checkbox"/>	<input type="checkbox"/>
Perte de l'odorat / Loss of smell	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue extrême / extrem fatigue	<input type="checkbox"/>	<input type="checkbox"/>

2. Avez-vous été en contact avec une personne atteinte par la COVID-19? Have you been in contact with a person affected by COVID-19?

Oui / Yes Non / No

3. Avez-vous voyagé à l'extérieur du Canada en 2020? Did you travel outside Canada in 2020?

Oui / Yes Date de retour / Date of return : _____

Non / No

Je m'engage à prendre les mesures nécessaires pour protéger ma santé, ma sécurité et celles de mes collègues de travail. De plus, je m'engage à respecter les lignes directrices par mon employeur pour contrer le COVID-19.

I am committed to take the necessary measures to protect my health, safety, and the one that belong to my co-workers. In addition, I agree to comply with the guidelines provided by my employer to counter COVID-19.

Signature

Date

2. Workers transportation

Transport by truck - via the road network

For workers transportation, the vehicle occupancy rate must be reduced by 50%. The presence of 2 workers in a vehicle is acceptable. It is important to identify only one driver per truck.

The interior of the trucks must be disinfected twice a day, once in the morning before the start of the shift and once after dinner time. In the event of a driver change during the shift, the interior of the truck must be disinfected before use. Disinfectant wipes are available in all vehicles.

Transport by plane

The Government of Canada requires all travelers to have a non-medical mask or face mask that can be removed and is large enough to cover their mouth and nose when at Canadian airports and in an aircraft.

NON-MEDICAL MASKS OR FACE COVERINGS SHOULD:

- ✓ Be made of multiple layers of absorbent fabric (e.g., cotton);
- ✓ Cover the mouth and nose without gaps;
- ✓ Fit securely to the head with ties or ear loops;
- ✓ Allow for easy breathing;
- ✓ Be changed as soon as possible if damp or dirty; and
- ✓ Stay the same shape after machine washing and drying.

NON-MEDICAL MASKS OR FACE COVERINGS SHOULD NOT:

- ✗ Be placed on infants (e.g., children under the age of 2 years old);
- ✗ Be placed on anyone who has trouble breathing;
- ✗ Be placed on anyone who is unconscious;
- ✗ Be placed on someone who is incapacitated or unable to remove it without assistance;
- ✗ Be made exclusively of plastic sheeting or materials that easily fall apart (e.g., tissues);
- ✗ Be shared with others; and
- ✗ Impair vision or interfere with tasks.

3. Arrival of workers in communities

Upon arrival in the community, workers are required to report themselves to the site superintendent to identify and complete the health check form. The site superintendent is then responsible for presenting the premises, hygiene measures and making sure to complete the required documentation. He must also provide formal health and safety introduction.

Thereafter, workers will be able to collect their room key and drop their personal belongings at the camp.

4. Planification of work on construction sites

Respect social distancing

Work schedules must be planned over time by foreman to avoid having many workers in one location at the same time. If a team of workers is formed, it is recommended to keep the same workers in the team.

Social distancing may not be possible for a short period of time, due to a specific task. The worker must therefore avoid face contact and must cough in his elbow. Hygiene measures must be intensified, and special attention must be paid to coughing and face contact.

If the tasks absolutely require to be within 2 meters from another person for a period of more than 15 minutes without physical barrier, the wearing of the procedure mask (surgical) and protective glasses (eye protection) or a visor is mandatory in addition to the gloves usually worn. This measure is recommended only if wearing glasses or a visor does not pose a risk to workers' safety (e.g. problem of light diffraction).

These protections will not be necessary if, only once in a day, the task described above last less than 15 minutes.

Presence of hand washing stations

Hand washing stations have been installed at the entrance of all construction sites. Disinfectant gel pumps have been installed, and indications show the correct 20 seconds handwashing procedures

Handwashing stations were also installed at the entrance of each building where workers did not have access to a sink, soap and running water.

All workers must wash their hands:

- when arriving and leaving the site.
- before eating and after eating.
- before and after the break.
- before smoking.
- when going to the toilet.

Safety breaks will be scheduled every Monday morning to remind workers of the importance of increasing hygiene measures on the job site as well as respecting the conditions allowing return to work.



Access to bathrooms

According to the construction Safety Code and the recent publications of the CNESST, a toilet must be available to all workers on the first day of work. Self-contained chemical toilets and sinks with water tanks will be available on construction sites that do not have access to sanitary facilities.

The Construction Company must also make camp bathrooms available to all workers. These bathrooms will be cleaned and disinfected three times a day; In the morning after breakfast, before lunch time, and in the late afternoon before dinner time.

These bathrooms are better suited to the recommended measures because they contain a sink supplied with clean, temperate water, soap, and disposable roll-up towels. Garbage cans are also available for the disposal of non-reusable towels.

Tools shared at work

It is not recommended to share tools with other workers. If necessary, it is important to disinfect the tools prior to give them away

At the end of each work shift, it is important to clean and disinfect shared tools and equipment. The DAILY CHECKLIST OF HYGIENE MEASURES AGAINST BIOLOGICAL RISKS sheet allows you to verify that the tools have been properly disinfected.

The use of gloves is not a protection against COVID-19. Avoid touching your face with hands or gloves.

5. Breaks and mealtimes

To ensure that workers are at a safe distance of 2 meters away from others during mealtime, several meal services were set up. This is to avoid the presence of all workers inside the same trailer.

A first meal service will be performed at 6 a.m., noon and 6 p.m. The second one will be performed at 6:30 a.m., 12:30 p.m. and 6:30 p.m. A maximum of two workers per table will be tolerated in the dining room. The work teams will be grouped by project to manage attendance during mealtimes. The same principle will apply for breaks in the construction trailers, which will be divided by work team.

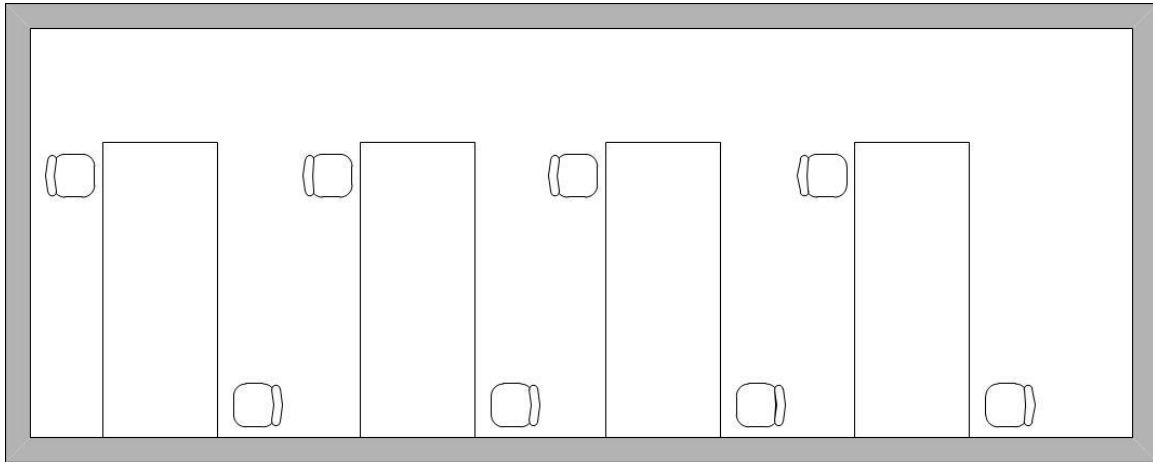
When picking meals, arrows will mark the distance between each worker. The common areas have been removed and the trays will be prepared by the cooks. Utensils, breads, soups, and desserts will be served by the cooks instead of being on the self-serve counter.

For hygiene reasons, the cold meal table has been removed. Raw and dessert dishes have also been removed to limit the spread of the virus through saliva droplets. Only packaged foods such as cereal boxes and individual snacks will be available at breaks.



Chairs have been removed from the dining room to limit the number of places available at the tables and to respect social distancing; see sketch below.

The dining room tables will be cleaned before and after each use. The appliances and accessories (refrigerator, microwave, chairs, handles, etc.) available to workers will be cleaned between each break and before each meal to avoid contamination.



6. Camp life

Upon workers arrival in the changing room, it is mandatory to leave space between the work clothes hanging on the hooks. Unnecessary hooks were removed from the changing room to ensure social distancing. It is prohibited to store tools, equipment, and materials at the camps.



Arrows have been installed on the ground to limit the crossing of two workers in public places.

Urinals, showers, and sinks have also been condemned to respect the social distance of 2m in these shared places. These places will be disinfected twice a day, in the morning after lunch and in the afternoon after dinner, to ensure sanitation and limit the risk of spreading the virus.



7. Management of a worker with symptoms

The Construction Company has the obligation to take all necessary measures to ensure the health, safety, and physical well-being of its employees, under the Occupational Health and Safety Act. Consequently, if a worker experiences symptom of COVID-19 or declares symptoms on his health questionnaire, he must go home for a confinement period of at least 14 days, to minimize the risk of spread of the virus.

The contact person for _____ is _____. Who can be reached at any time at _____ or _____@_____. They must be contacted as a priority as soon as a situation is requiring rapid action by the Construction Company. They must be informed of anything related to health security measures, as well as for reporting and follow-up on cases of workers with symptoms, who have received a positive diagnosis of COVID-19, awaiting a test or a screening test result or having been in contact with a person suffering from COVID-19.

Cleaning and disinfecting surfaces will limit the spread in places frequented by the worker presenting symptoms. Indeed, cleaning the surfaces removes dirt and disinfection kills the remaining microorganisms. All the installations frequented by the worker will be disinfected and cleaned before the return of the other members of the team.

If a worker has one or more symptoms similar to COVID-19, it is essential to contact _____ immediately. The evacuation measures of the worker will be evaluated, according to the site and the transport possibilities for the return at home.

A physician or the Department of Public Health need to authorize the lifting of self-isolation when all the following criteria are satisfied:

- A period of at least 14 days since the onset of the disease in its acute phase.
- Absence of acute symptoms for 24 hours (excluding a residual cough which may persist).
- An absence of fever for 48 hours (without taking antipyretics).

As a general rule, hospitalization will not be required for the majority of the population who will be infected. Most people will therefore be able to perform their self-isolation at home. A medical certificate will be needed to return to work. The worker can contact _____ following the 14-day isolation if he or she wishes to return to work. The return arrangements will therefore be analyzed with the project manager to determine the modalities that will apply.

8. Workers agreement

I, _____ hereby agree to :

- Apply the measures cited in this document to counter COVID-19 and the spread.
- Take the necessary measures to protect my health, safety, and physical well-being as well as of the health, safety and physical well-being of people around me.
- Wear the personal protection equipment provided and use the collective protection equipment made available to me.
- Report immediately to my supervisor:
 - Any symptom similar to those mentioned in the health questionnaire.
 - Colleagues not respecting the measures mentioned in this document.
 - Lack of sanitary products or gaps in the workplace for improvement.

I understand and acknowledge that non-compliance with the terms of this document can have serious consequences, such as:

- The loss of my job
- The contagion of my colleagues
- The closure of the site
- The closure of all Vieux Poste Construction inc work sites
- A significant delay in the timelines of the work in progress
- The evacuation of workers from outside the community
- The layoff of several workers
- Large financial losses for Vieux Poste Construction inc

_____	_____
Workers signature	Date
_____	_____
Company	Project

9. Subcontractor authorized representative agreement

I hereby acknowledge having read this document and I agree on behalf of my company to apply it or have it applied to my employees.

I also undertake to make a list of the risks that my work could cause with preventive measures and to send a copy as well as proof of conformity of the equipment used on your site, as soon as possible, to Vieux Poste Construction inc.

I agree to oblige my employees to comply with the regulations and safety regulations in force.

I agree to oblige my employees to wear the safety equipment that I will provide them.

I understand and acknowledge that any negligence or refusal to comply with the terms of this document compromises the health and safety of workers.

I understand and acknowledge that non-compliance with the terms of this document, by myself or the workers of our company, can have serious consequences, such as:

- The contagion of my colleagues and workers
- The closure of the site on which my company is working
- The closure of all Vieux Poste Construction inc work sites
- A significant delay in the timelines of the work in progress
- The evacuation of workers and subcontractors from outside the community
- The layoff of several workers
- Large financial losses for Vieux Poste Construction inc and for my company

I understand and acknowledge that I could be held responsible for any behavior going against the terms provided in this document and that myself or the company I represent could be subject to significant legal proceedings, if applicable.

Our company CNESST identification number is: _____

I certify that I am a representative authorized to sign for the company that I represent.

_____ Signature	_____ Date
_____ Company	_____ Project