



# CREE NATION COVID-19 Special Bulletin

## July 22, 2020

### Travelling

Region 8- Abitibi has been that pursuant to a test administered yesterday afternoon that there is a new COVID-19 case in the region. Cree Health Board and Cree Nation Government will monitor the situation closely for any signs of an inability to contain the single case or that it is an indication of a growing situation that we should be concerned about. There is no change in the “**Areas of Risk**” for consideration under the Mandatory Self-Isolation Laws of Eeyou Istchee which remains:

- Anywhere outside Region 18 - Eeyou Istchee, Region 17 - Nunavik, Region 10 – Nord du Quebec or Region 8 - Abitibi
- Any mine site
- Any forestry camp
- Any Hydro-Quebec site

Even though there will be no self-isolation required for people travelling to Region 8 - Abitibi for now people are reminded to be very cautious when traveling and to consider traveling only when necessary and limiting the number of people intending to travel when possible. It is important to keep in mind that the further you travel from your home the greater the risk.

### Reliable Sources

People are advised to continue exercising caution on where they get their information in relation to COVID-19 and to keep in mind that the reliable sources of information remain:

- [eeyouistcheecovid19.org/](http://eeyouistcheecovid19.org/)
- [cngov.ca/covid-19/](http://cngov.ca/covid-19/)
- [creehealth.org](http://creehealth.org)
- [eeyoueducation.ca](http://eeyoueducation.ca)
- [quebec.ca/coronavirus](http://quebec.ca/coronavirus)
- [canada.ca/coronavirus](http://canada.ca/coronavirus)