

Travelling

The Cree leadership continues to monitor regions throughout the province of Quebec and there is reason to be concerned with the steady increase of cases in Region 1 – Lower St-Lawrence, Region 4 – Mauricie and Centre du Quebec, Region 9 – North Shore, Region 11 – Gaspé and Magdalen Islands, and Region 12 – Chaudière-Appalaches requiring that the status of these regions to change under the local Mandatory Self-Isolation Laws.

After evaluation of the Areas Representing a Risk, those individuals who have in the last 14 days travelled:

- anywhere outside Quebec, except for the Ontario regions of Sudbury, Porcupine and Timiskaming, which includes the municipalities of Sudbury, Timmins, Moosonee and North Bay;
- within Quebec to:
 - Region 1 Lower St-Lawrence since September 17th, 2020 at 11:59PM
 - 0 Region 3 Quebec Capital since September 11th, 2020 at 12:00am
 - O Region 4 Mauricie and Centre du Québec since September 17th, 2020 at 11:59PM
 - 0 Region 5 Estrie since September 11th, 2020 at 12:00am
 - o Region 6 Montreal
 - 0 Region 7 Outaouais (Gatineau) since September 11th, 2020 at 12:00am
 - Region 9 North Shore since September 17th, 2020 at 11:59PM
 - O Region 11 Gaspé and Magdalen Islands since September 17th, 2020 at 11:59PM
 - Region 12 Chaudière-Appalaches since September 17th, 2020 at 11:59PM
 - 0 Region 13 Laval
 - o Region 14 Lanaudière
 - O Region 15 Laurentians
 - o Region 16 Montérégie
- any Hydro-Quebec site;
- to any mine site, please note:
 - Workers coming from the Windfall Mining Exploration Site by Osisko Mining Inc with the appropriate documentation will NOT be required to self-isolate;
 - o Workers coming from the Renard Mine Site by Stornoway, as of September 8th, 2020 with the appropriate documentation will NOT be required to self-isolate;
- any forestry camp, please note:
 - o Workers coming from the Forestry Camp at km 105 on the James Bay Highway with the appropriate documentation will NOT be required to self-isolate effective immediately;

will be required to self-isolate for 14 days under the Local Mandatory Self-Isolation Laws.

Therefore, people coming from Regions 2,8,10,17 and 18 in Quebec and the regions Sudbury, Porcupine, Timiskaming and North Bay in Ontario DO NOT need to self-isolate under the local Mandatory Self-Isolation Laws.



Travelling Continued

Our communities continue to represent the least risk during the COVID-19 pandemic; the further we travel from our homes and our communities the greater the risk of contracting COVID-19. We must always practice physical distancing and precautionary measures to protect our fellow community members and it is even more important when we are travelling regardless the purpose.

Eeyou Istchee is doing exceptionally well with people respecting precautionary measures and important tools like the Local Mandatory Self-Isolation Laws. This allows the Cree Nation to remain in Phase 4 of the Deconfinement Plan while other jurisdictions must contemplate imposing restrictions to get the spread of COVID-19 under control.

Reliable Sources

People are advised to continue exercising caution on where they get their information in relation to COVID-19 and to keep in mind that the reliable sources of information remain:

- eeyouistcheecovid19.org/
- cngov.ca/covid-19/
- creehealth.org

- eeyoueducation.ca
- quebec.ca/coronavirus
- <u>canada.ca/coronavirus</u>