



### Message from Leadership

It was always known that the true long-term solution would be tied to getting a vaccine that works and the timely administration of the vaccine. We were fortunate that the Cree Nation was able to acquire and begin administering the vaccine in January 2021, this has allowed us to achieve an unusually high percentage of fully vaccinated adults over the age of 18. When the vaccine was approved in 2020 it was known that it would offer protection to those that chose to take it, but it was not known at that time if it would offer any protection to unvaccinated people close to a vaccinated person.

Thankfully there is strong evidence that not only does the vaccine protect the person who takes it, but because that person then has difficulty catching COVID-19 and then it is more difficult to transmit COVID-19. Therefore, fully vaccinated people do not represent a significant risk to the vulnerable or those that do not take a vaccine. We already see the effects of this as jurisdictions around the world remove travel restrictions or other restrictions for the fully vaccinated:

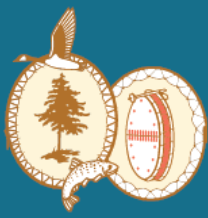
- The Federal Government has announced that fully vaccinated travelers arriving in Canada will be exempt from isolation.
- The Government of Quebec has announced that fully vaccinated close contacts of COVID-19 patients no longer need to isolate.

### Fully Vaccinated Rates

#### Fully vaccinated 18 +

Wemindji	Whapmagoostui	Eastmain	OJ	Chisasibi	Nemaska	Waswanipi	Mistissini	Waskaganish
90%	81%	76%	72%	70%	70%	70%	67%	67%

**Effective June 15<sup>th</sup>, 2021, fully vaccinated (defined as upon reception of 2<sup>nd</sup> dose) members are exempt from any isolation requirements including when returning from travel from anywhere outside the communities of Eeyou Istchee.**



### Continued Efforts to Vaccination

In the hopes of eventually removing all travel restrictions, COVID-19 precautionary measures and restrictions on gatherings, continued efforts are required to ensure that vaccination continues to be available to our community members and as many as possible receive its protection.

#### First dose 12-17 years old

Nemaska	Whapmagoostui	Waskaganish	Wemindji	Mistissini	Eastmain	OJ	Waswanipi	Chisasibi
87%	83%	80%	80%	64%	63%	56%	56%	43%

#### Fully Vaccinated entire population (0+ Years)

Wemindji	Whapmagoostui	Eastmain	Nemaska	OJ	Chisasibi	Mistissini	Waswanipi	Waskaganish
62%	53%	48%	47%	47%	46%	46%	45%	43%

Until a more significant portion of the population is vaccinated there will still need to be restrictions on gathering inside Eeyou Istchee, however because the Cree Nation has demonstrated incredible discipline and may great sacrifices we can enjoy the most relaxed confinement measures in Quebec at this time:

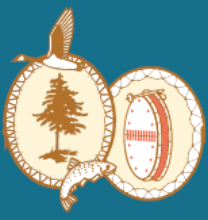
### Deconfinement in Eeyou Istchee v. Quebec in General

It is worth comparing these announcements to the current situation in Eeyou Istchee:

Eeyou Istchee	Quebec: Green	Quebec: Yellow
Indoor: 50 People*	Indoor: Max 10 people or 3 households	Indoor: Max 2 households
Outdoor: 150*	Outdoor: 10 people or 3 households	Outdoor: 8 people or 2 households

\*Note: It is possible to write to Public Health, which in collaboration with local Councils will assist in developing protocols for indoor and outdoor gatherings by public organizations beyond the recommended limit:

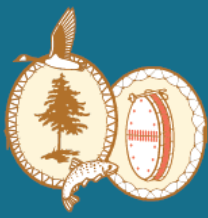
[18tcr.phcovidteam@ssss.gouv.qc.ca](mailto:18tcr.phcovidteam@ssss.gouv.qc.ca) or [covidrisk@cngov.ca](mailto:covidrisk@cngov.ca)



### Areas of Risk

Unvaccinated travelers still represent a very real risk to the vulnerable members of our community when they arrive from an area of risk. The distinguishing factor that has kept the Cree Nation safer than any other jurisdictions has been the Mandatory Self-Isolation Laws of Eeyou Istchee where travelers who represented a risk isolated (presently 10 days) upon return to protect the vulnerable members of the community.



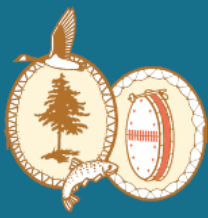


# CREE NATION COVID-19 Bulletin

June 15<sup>th</sup>, 2021

Every community has specific procedures for entering and travellers are strongly recommended to contact communities prior to arrival. It is also recommended to call the local CMC with questions in relation to vaccination:

Community	Contact
Chisasibi	Phone: 819-855-5797 E-mail: <a href="mailto:matthewchiskamish@chisasibi.ca">matthewchiskamish@chisasibi.ca</a> CMC: (819) 855-9011
Eastmain	Phone: 819-354-0493 E-mail: <a href="mailto:igilpin@eastmain.ca">igilpin@eastmain.ca</a> CMC: (819) 977-5194
Mistissini	Phone: 418-770-4721 E-mail: <a href="mailto:jasonshecapio@mistissini.ca">jasonshecapio@mistissini.ca</a> CMC: (418) 923-3376
Nemaska	Phone: 819-527-7445 E-mail: <a href="mailto:directornps@nemaska.ca">directornps@nemaska.ca</a> CMC: (819) 673-2511
Oujé-Bougoumou	Phone: 418-770-9305 E-mail: <a href="mailto:hsharl@ouje.ca">hsharl@ouje.ca</a> CMC: (418) 745-3901
Waskaganish	Phone: 819-895-4053 E-mail: <a href="mailto:Reuben.blackned@waskaganish.ca">Reuben.blackned@waskaganish.ca</a> CMC: (819) 895-8833
Waswanipi	Phone: 819-527-7483 E-mail: <a href="mailto:johnnyawashish@cfnw.ca">johnnyawashish@cfnw.ca</a> CMC: (819) 753-2511
Wemindji	Phone: 819-978-7724 and E-mail: <a href="mailto:publicsafety@wemindji.ca">publicsafety@wemindji.ca</a> CMC: (819) 978-0225
Whapmagoostui	E-mail: <a href="mailto:publicsafety@whapmagoostui.ca">publicsafety@whapmagoostui.ca</a> CMC: (819) 929-3307



## EDUCATION

- The school year for youth and adult education ends this Wednesday, June 16. Congratulations to all students who successfully completed their year! We would also like to recognize the incredible dedication of our teachers, support staff, and professionals this year. Thank you for making the school year a successful one even with the unique circumstances of the pandemic.
- We are pleased to continue to support the vaccination clinics in our schools for 12 to 17 year olds and will continue to work with Cree public health to determine the next steps for second doses.
- Over the summer, Cree School Board buildings will remain closed to the public to allow for essential work to be completed, with the exception of essential meetings. We thank the public for their understanding as we continue to remain vigilant in our response to COVID-19.



## RELIABLE SOURCES

People are advised to continue exercising caution on where they get their information in relation to COVID-19 and the vaccine. The reliable sources of information remain:

- <https://eeyouistcheecovid19.org/>
- [www.cngov.ca/covid-19/](http://www.cngov.ca/covid-19/)
- [www.creehealth.org](http://www.creehealth.org)
- [www.eeyoueducation.ca](http://www.eeyoueducation.ca)
- [www.quebec.ca/coronavirus](http://www.quebec.ca/coronavirus)
- [www.canada.ca/coronavirus](http://www.canada.ca/coronavirus)

## PSYCHOSOCIAL HEALTH LINE

If you feel like you may need someone to talk to during these challenging times, please contact the Cree Health Board's **Psychosocial Health Line: 1-833-632-4357** where specialists with a traditional approach to healing are also accessible.

## COVID-19 VACCINE AND GENERAL INFO LINE

Questions about the vaccine? The Cree Health Board has an info line with professionals to answer your **questions or concerns about vaccination: 1-866-855-2811.**

## COVID-19 PREVENTION AND VARIANT INFO

To learn more about how to prevent the spread of COVID-19 and for information on variants of COVID-19, please visit:

<https://www.creehealth.org/covid/prevention>

## TO OBTAIN PROOF OF VACCINATION:

Download and fill the consent form available here:

<https://publications.msss.gouv.qc.ca/msss/en/document-001089/>

Along with the completed form, attach a copy of your ID and send to the following email: [18TCR.CovidVaccinationForms@ssss.gouv.qc.ca](mailto:18TCR.CovidVaccinationForms@ssss.gouv.qc.ca)