Introduction

The highest rate of vaccination in the province of Quebec and community members that continue to respect mask wearing, distancing, hand washing, and other precautionary measures is allowing Public Health in Eeyou Istchee to recommend reducing travel restrictions when returning to Eeyou Istchee.

It is very important that people continue to respect measures such as mask wearing and physical distancing to protect the most vulnerable members of our community and to ensure the greatest mobility for community members.

Status of Cases

There are currently **NO** active cases within Region 18 – Eeyou Istchee.

One (1) case at Espresso Hotel involving a patient who travelled from Waskaganish to Montreal early last week has been confirmed. All contacts are now in isolation and closely monitored.

Education

Cree School Board buildings remain closed to the general public. Employees in all facilities continue to follow public health measures, including completing daily health checks and wearing face coverings in shared areas.

Youth sector schools are working in collaboration with public health to support vaccination efforts in schools/communities where higher vaccination rates are needed.

Deconfinement in Eeyou Istchee v. Quebec in General

Eeyou Istchee	Quebec: Green
Indoor Private Gathering:	Indoor:
50 People	Max 10 people or 3 households
Indoor Organized Gathering:	
50	
Outdoor <u>Private</u> Gathering:	Outdoor:
150	10 people or 3 households
Outdoor Organized Gathering:	
150	

TRAVEL TO EEYOU ISTCHEE FROM AN AREA OF RISK

- Partially vaccinated or unvaccinated 10 days isolation with a test between day 5 and 7
- Fully vaccinated **No isolation required**, physical distancing and mask wearing indoors and outdoors, and a COVID-19 test on day 5

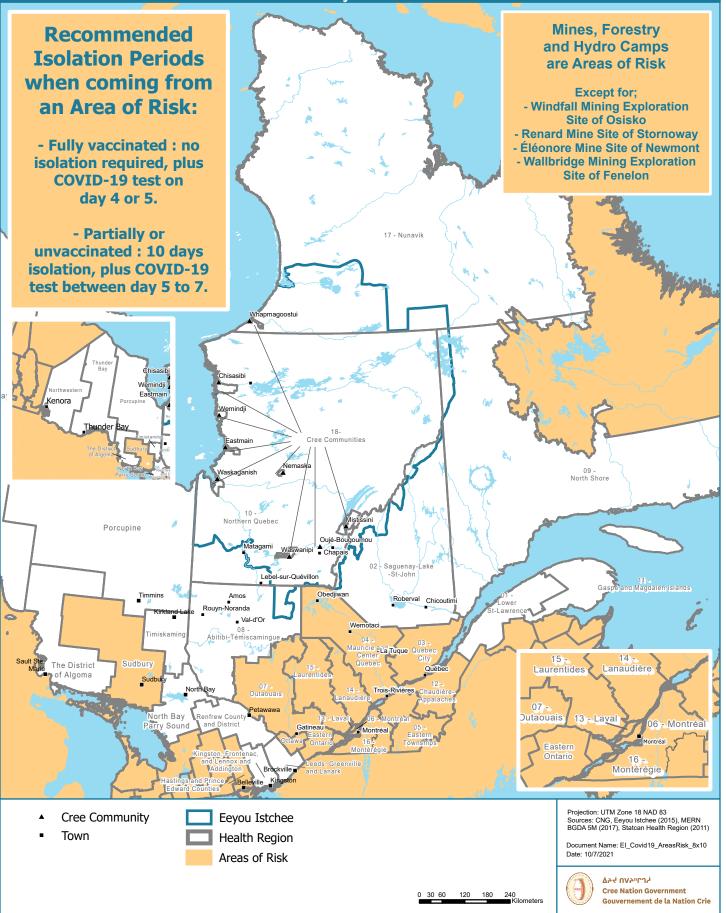
Note: The change in travel restrictions is subject to approval by local Councils.

Examples:

- Fully vaccinated post-secondary student returning home from Gatineau (Outaouais is currently an area of risk) WILL <u>NOT</u> need to isolate.
- Non-fully vaccinated post-secondary student returning home from Gatineau (Outaouais is currently an area of risk) **WILL** need to isolate for 10 days.
- Fully vaccinated parents returning home from Gatineau (Outaouais is currently an area of risk) with children or family members that are not fully vaccinated: The parents WILL NOT need to self-isolate but the non-fully vaccinated children or family members WILL need to self-isolate for 10 days.
- Fully vaccinated parents returning home from Gatineau (Outaouais is currently an
 area of risk) with non-fully vaccinated children at home who didn't travel with their
 parents: The parents who travelled and the children who did not travel WILL NOT
 need to self-isolate and may continue to attend school or daycare.

COVID-19 Areas of Risk For Non-Fully Vaccinated Individuals

Effective as of Friday October 8 at 11:59PM



TRAVEL OUTSIDE EEYOU ISTCHEE

PROOF OF VACCINATION (Vaccine Passport/Vaxicode):

Proof of vaccination/vaccine passport (Vaxicode) is required to access certain non-essential public areas (restaurants, movie theaters, etc.) in Quebec.

To obtain your proof of vaccination please consult the site and info below:

Electronic Proof of Vaccination https://covid19.quebec.ca/PreuveVaccinale

For additional information on the topic https://creehealth.org/news/covid-19-proof-vaccination-eeyou-istchee-updated